

Ralston House CAC



**Stop the Abuse
Start the Healing**

Resource Packet *Guía de Recursos*

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Addictions/Treatment Facilities
Adicciones/Facultades de Tratamiento

*Al-Anon/Alateen Meeting Information	al-anon-co.org	303.321.8788
Aspen Ridge Recovery	aspenridgerecoverycenters.com	855.281.5588
Cocaine Anonymous	ca-colorado.org	866.768.7709
*Colorado Quitline	coquitline.org	800.784.8669
Counseling Center of the Rockies	counselingcenteroftherockies.com	720.508.4876
Creative Treatment Options	creativetreatmentoptions.com	303.467.2624
Crystal Meth Anonymous	crystalmeth.org	855.638.4373
*Gamblers Anonymous	coloradoga.org	855.222.5542
Red Rock Recovery Center	redrockrecoverycenter.com	720.927.6502
Salvation Army	salvationarmyusa.org	800.725.2769
Sobriety House	sobrietyhouse.org	720.381.4337
StepDenver	stepdenver.org	303.295.7837
Stout Street Foundation	stoutstreet.org	866.722.7040
*Substance Abuse and Mental Health Services Administration	samhsa.gov/treatment	800.662.4357
West Pines Behavioral Health Jefferson Center (Jefferson County Residence)	sclhealth.org/locations/west-pines-jcmh.org	303.467.4080 303.425.0300
*Aurora Mental Health & Recovery	auroramhr.org	303.617.2300
*Spanish Clinic	spanish-clinic.com	720.920.9508

Child Abuse
Abuso Infantil

Blue Sky Bridge Child Advocacy Center	blueskybridge.org	303.444.1388
*Child Help USA National Child Abuse Hotline	childhelp.org	800.422.4453
*Colorado Child Abuse and Neglect Hotline	co4kids.org	1.844.CO.4.KIDS
*Denver Child Advocacy Center	denvercac.org	303.825.3850
*National Center for Missing and Exploited Children	missingkids.com	800.843.5678
*Ralston House Child Advocacy Center	ralstonhouse.org	720.898.6741

Child Care
Cuidado Infantil

Colorado Child Care Assistance Program	cdec.colorado.gov/for-families/colorado-child-care-assistance-program-for-families	
Child Care Center	childcarecenter.us	online only
Colorado Kids	coloradokids.com/Child_Care.php	online only
Jefferson County Child Care Association (Jefferson County Residence)	jeffcochildcare.org	online only
Nanny Poppinz	nannypoppinz.com	303.532.1351

Information on reports/complaints and investigations of child care facilities and individuals in Colorado:
colorado.gov/apps/jboss/cdhs/childcare/lookup/help.jsp

Child Trafficking

Trata de Niños

*Children of the Night	childrenofthenight.org	800.551.1300
Denver Anti-Trafficking Alliance	denveralliance.org	website only
Restoring and Empowering Survivors	re-fined.org	website only
Voluntad	voluntad.org	303.433.2712
National Center for Missing and Exploited Children	missingkids.org	800.843.5678

Dental

Dental

*Clinica Family Health Services (Adams/Broomfield County Residence)	clinica.org	303.650.4460
Inner City Health	innercityhealth.com	303.296.4873
*Stride Community Health Center	stridechc.org	303.778.7433
Smile Logic (Broomfield County Residence)	smile-logic.com	303.665.1281

Disability Services

Servicios para Personas con Impedimentos

ABLE (a better life experience)	ablecolorado.com	303.920.9279
Aid to the Needy Disabled	denvergov.org	720.913.1311
*Autism Society of Colorado Info & Referral	autismcolorado.org	720.214.0794
Bayaud Enterprises	bayaudenterprises.org	303.830.6885
Brain Injury Alliance	biacolorado.org	303.355.9969
The ARC	thearcofco.org	303.864.9334
Developmental Disabilities Resource Center (Jefferson/Gilpin County Residence)	ddrcco.com	303.233.3363
The Initiative	theinitiativecolorado.org	303.839.5510

Domestic Violence

Violencia Domestica

PorchLight, A Family Justice Center	porchlightfjc.org	720.853.8850
*Domestic Violence Assistance	colorado.gov/cdhs/dvp	800.799.7233
		Español 303.718.8289
The Initiative	dviforwomen.org	303.839.5510
*DOVE (deaf and hard of hearing services)	deafdove.org	303.831.7874
*Family Tree Domestic Violence Outreach	thefamilytree.org/domestic-violence-outreach-program	720.856.2580
		Hotline 303.420.6752
*National Domestic Violence Hotline	hotline.org	800.799.7233

*Rose Andom Center	roseandomcenter.org	720.337.4400
*Safehouse Denver Inc.	safehouse-denver.org	303.318.9959
*Servicios de la Raza	serviciosdelaraza.org	303.458.5851
*The Center for Trauma and Resilience	traumahealth.org	303.894.8000
		Español 303.718.8289
*Latina Safehouse	latinasaferhouse.org	303.433.4470
*SPAN-Safehouse Progress Alliance for Nonviolence	safehousealliance.org	303.444.2424
*Spanish Clinic	Spanish-clinic.com	720.920.9508

Eating Disorders

Trastornos de la Alimentación

Eating Disorder Center of Denver	eatingdisorder.care	303.771.0861
The Eating Disorder Foundation	eatingdisorderfoundation.org	303.322.3373

Employment

Empleo

*Adams County Workforce Center (Adams County Residence)	adcogov.org/WBC	720.523.2400
Broomfield County Workforce Center (Broomfield County Residence)	broomfield.org/2963/Workforce-Center	303.464.5854
Choices/Advancement Plus Program (Adams County Residence)		303.227.2700
GED Testing Center	cde.state.co.us	303.866.6600
Jefferson County Workforce Center (Jefferson County Residence)	jeffco.us/4157/Career-Services-Center	303.271.4755
*Mi Casa: Advancing Family Prosperity	micasaresourcecenter.org	303.573.1302
Mile High Ministries	milehighmin.org	303.839.5198
*Spring Institute	spring-institute.org	303.863.0188
*TANF (temporary aid for needy families)	cdhs.colorado.gov	800.536.5298
Women's Bean Project	womensbeanproject.com	303.292.1919
*Servicios de la Raza	serviciosdelaraza.org	303.458.8551

Food & Clothing

Comida y Ropa

A Precious Child	apreciouschild.org	303.466.4272
Adams County Food Distribution (Adams County Residence)	adamscountyfoodbank.org	720.878.3563
Arvada Community Food Bank (Jefferson County Residence)	cortable.org	303.424.6685
Clothes to Kids	clothestokidsdenver.org	720.379.4630
St. Francis Center	sfcdenver.org	303.297.1577
*Food Assistance Program	co.adams.co.us	303.659.2120

(Adams County Residence)

Have a Heart

(Westminster Residence)

***Benefits in Action**

Metro Caring

***Mile High United Way**

***Salvation Army**

***The Action Center**

(Jefferson County Residence)

***The Gathering Place**

Volunteers of America

***Servicios de la Raza**

Joyful Journeys

haveaheart4kids.com

720.815.5439

benefitsinaction.org

720.221.8354

metrocar.org

303.860.7200

unitedwaydenver.org

2.1.1

salvationarmyusa.org

website only

theactioncenterco.org

303.237.7704

tgpdenver.org

303.321.4198

voacolorado.org

303.297.0408

serviciosdelaraza.org

303.458.8551

joyfuljourneys.org

303.667.9695

GLBT (Gay, Lesbian, Bisexual, & Transgender)

GLBT Gay, Lesbiana, Bisexual y Transgenero

GLBT National Hotline

888.843.4564

***Rainbow Alley**

lgbtqcolorado.org

303.733.7743

***The Center**

lgbtqcolorado.org

303.733.7743

Youth Talkline

glnh.org/talkline

800.246.7743

National LGBTQ Task Force

thetaskforce.org

202.393.5177

***SPAN-Safehouse Progress Alliance
for Nonviolence**

safehousealliance.org

303.444.2424

Resilience1220

resilience1220.org

720.282.1164

(Jefferson/Gilpin County)

General Mental Health/Counseling

Salud Mental General/Consejería

***Arapahoe/Douglas Mental Health**

allhealthnetwork.org

303.730.8858

Hotline

303.730.3303

***Aurora Mental Health & Recovery**

auroramhc.org

303.617.2300

***Catholic Charities**

ccdenver.org

303.742.0828

***Community Reach Center**

communityreachcenter.org

303.853.3500

(Adams County Residence)

***Family Tree Karlis Family Center**

thefamilytree.org/en/programsaservices/105

303.462.1060

***Jefferson Center for Mental Health**

jcmh.org

303.425.0300

Maria Droste Services

mariadroste.org

303.867.4600

***Mental Health Partners of Boulder/Broomfield**

mhpcolorado.org

303.443.8500

University of CO - Denver Counseling Center

ucdenver.edu/life/services/counseling-center

303.315.7270

Encompass

medschool.cuanschutz.edu

303.724.1000

Ellie Mental Health

elliementalhealth.com

720.370.8329

***Servicios de la Raza**

serviciosdelaraza.org

303.458.8551

Mindcolor (Laura Wilhelm) ABA

mindcolorautism.com

833.646.3222

***Spanish Clinic**

spanish-clinic.com

720.335.6651

Animal Assisted Therapy

Terapia asistida con animales

Animal Assisted Therapy Programs	animalassistedtherapyprograms.org	720.266.4444
Rocky Mountain Equine Assisted Psychotherapy	rockymountaineap.com	
Zumas Rescue Ranch	zumasrescueranch.com	303.346.7493
Finding Hiawatha	findinghiawathatherapy.com	720.663.0846

Grief and Loss Counseling

Consejería de Dolor y Perdida

Front Range Counseling Center	frontrangecounselingcenter.com	303.933.5800
Heart Light Center (adults)	heartlightcenter.org	720.748.9908
*Judi's House (children & teens)	judishouse.org	720.941.0331
Resilience1220 (Jefferson/Gilpin County)	resilience1220.org	720.282.1164

Housing/Rent

Vivienda/Asistencia de Renta

ACCESS Housing (Adams County Residence)	acchouse.org	303.289.7078
*Almost Home (shelter & rent assistance) (Adams County Residence)	almosthomeonline.org	303.659.6199
Colorado Housing Assistance	chaonline.org	303.572.9445
*Colorado Housing Connects	coloradohousingconnects.org	844.926.6632
FISH, Inc. (rent) (Broomfield County Residence)	broomfieldfish.org	303.465.1600
*Growing Home	growinghome.org	303.426.0430
Hope House of Colorado (teens)	hopehouseofcolorado.org	303.429.1012
Jeffco Action Center	theactioncenterco.org	303.237.7704
*Jeffco Housing Authority	jcha.org	303.422.8600
*Mile High Ministries	milehighmin.org	303.839.5198
*Salvation Army (rent)	salvationarmyusa.org	303.428.6430
Tenant and Landlord Counseling Hotline	theactioncenterco.org	303.237.0230
Volunteers of America	voacolorado.org	303.297.0408
Family Promise of Greater Denver	tfaforms.com/4902790	303.675.0713
*Community Economic Defense Project (legal assistance when facing eviction)	cedproject.org/get-help	website only
Mercy Housing	mercyhousing.org	866.338.0557
Joy House (women and children only)	providencenetwork.org/gethelp	303.863.8368
*Servicios de la Raza	serviciosdelaraza.org	303.458.8551

Legal Assistance

Asistencia Legal

*Colorado Legal Services	coloradolegalservices.org	303.837.1313
*Colorado State Public Defender	coloradodefenders.us	303.764.1400
		Español 303.718.8289
*Community Economic Defense Project (legal assistance when facing eviction)	cedproject.org/get-help	website only
*Family Tree Legal Advocacy Program (DV) (Jefferson County Residence)	thefamilytree.org/legal-advocacy-program	303.271.6559
Grandparents Raising Grandchildren	grg.colostate.edu	970.491.1118
Jefferson County Self-Help Center (Jefferson County Residence)	courts.state.co.us	720.772.2501
*Justice & Mercy Legal Aid Clinic	jamlac.org	303.839.1008
*Know Your IX (violence w/in schools)	knowyourix.org	website only
*Metro Lawyer Referral Services	denbar.org	303.830.8210
*Mile High Ministries	milehighmin.org	303.839.5198
*Rocky Mountain Children's Law Center (civil)	childlawcenter.org	303.692.1165
*Rocky Mountain Immigration Advocacy Network	rmian.org	303.433.2812
		Español 303.866.9308
*Rocky Mountain Victim Law Center (criminal)	rmvictimlaw.org	303.295.2001
*Community Economic Defense Project (housing specific legal help)	cedproject.org/get-help	
*The Center for Trauma and Resilience	traumahealth.org	303.894.8000

Local Law Enforcement

Oficinas de Policía Local

Adams County Sheriff's Office	4201 E. 72 nd Ave. Commerce City 80022	720.322.1313
Arvada Police Department	8101 Ralston Rd. Arvada 80002	720.898.7000
Aurora Police Department	15151 E. Alameda Pkwy. Aurora 80012	303.739.6000
Brighton Police Department	3401 E. Bromley Ln. Brighton 80601	303.655.2300
Broomfield Police Department	7 DesCombes Dr. Broomfield 80020	303.438.6400
Commerce City Police Department	7887 E. 60 th Ave. Commerce City 80022	303.287.2844
Denver Police Department	1311 W. 46 th Ave. Denver 80211	720.913.0400
Edgewater Police Department	1800 N. Harlan St. Edgewater 80214	303.235.8300
Federal Heights Police Department	2380 W. 90 th Ave. Federal Heights 80260	303.428.8833
Gilpin County Sheriff's Office	2960 Dory Hill Rd. Blackhawk 80422	303.582.1060
Golden Police Department	911 10 th St. Golden 80401	303.384.8031
Jefferson County Sheriff's Office	200 Jefferson County Pkwy. Golden 80401	303.277.0211
Lakeside Police Department	5801 W. 44 th Ave. #A Lakeside 80212	303.455.1980
Lakewood Police Department	445 S. Allison Pkwy Lakewood 80226	303.987.7111
Littleton Police Department	2255 W. Berry Ave. Littleton 80120	303.795.3700
Morrison Police Department	321 Hwy. 8 Morrison 80465	303.697.4810
Mountain View Police Department	4176 Benton St. Denver 80212	303.425.1748
Northglenn Police Department	11701 Community Center Dr. Northglenn 80233	303.450.8879
Thornton Police Department	9551 Civic Center Dr. Thornton 80229	720.977.5124
Westminster Police Department	9110 Yates St. Westminster 80031	303.658.2400
Wheat Ridge Police Department	7500 W. 29 th Ave. Wheat Ridge 80033	303.235.2945

Medical *Cuidado Médico*

*Child Health Plan Plus (CHP+)	cchp.org	800.221.3943
*Clinica Campesina	clinica.org	303.650.4460
*Health First Colorado (Medicaid assistance)	healthfirstcolorado.com	303.866.2993
Volunteers of America	voacolorado.org	303.297.0408
*University of Colorado Hospital	uchealth.org	720.848.0000
Healthcare.gov	healthcare.gov	800.318.2596

Non-Offending Parent Support Groups *Grupos de Apoyo para Padres No-Ofensores*

Blair Skinner, LMFT-Private Therapist	earlychildhoodwellnessplace.com	303.460.3881
*Denver Children's Advocacy Center	denvercac.org	303.825.3850
The Fatherhood Program (Jefferson County Residence)	jeffco.us/2693/Fatherhood	303.271.1388
*WINGS – Support Services	wingsfound.org	303.238.8660

Parenting *Crianza*

Denver Indian Family Resource Center	difrc.org	720.500.1020
*Family Tree Parenting Time & Karlis Family Center	thefamilytree.org/parenting-time-program	303.462.1060
*Family Tree Kinship Program (Adams/Douglas County Residence)	thefamilytree.org/kinship-programs	303.463.6330 x731
*Family Tree Safe Care	thefamilytree.org/safecare-program	720.492.9086
Hope House of Colorado (teens)	hopehousecolorado.org	303.429.1012
TRIAD Family Resource Council (Jefferson/Gilpin County Residence)	triadec.org	303.914.6527
Families First at Shiloh House	shilohhouse.org/familiesfirst	303.933.1393
The Center for Divorce Education	divorce-education.com	1.877.874.1365
*Spanish Clinic (Caring dad program)	Spanish-clinic.com	720.920.9508

Pregnancy/Medical Exams *Embarazo/Exámenes Médicos*

*American Pregnancy Association	americanpregnancy.org	800.672.2296
Jefferson County Department of Health (Jefferson County Residence)	jeffco.us/public-health	303.232.6301
Hope House of Colorado (teens)	hopehousecolorado.org	303.429.1012
Life Choices	lifechoices.org	720.453.9908

National Pregnancy Hotline	1stwaylifecenter.com	800.848.5683
*Planned Parenthood	plannedparenthood.org	800.230.7526
*WIC (women, infant & children)	fns.usda.gov/wic	800.688.7777

Protection Order Assistance
Asistencia con Órdenes de Protección

*Adams County Justice Center (Adams County Residence)	Legal questions/help	303.659.1161
*Family Tree Legal Advocacy Program (Jefferson County Residence)	thefamilytree.org/legal-advocacy-program	720.856.2344
Project Safeguard*	psghelps.org	720.618.3482
*SPAN-Safehouse Progress Alliance for Nonviolence (Broomfield)	safehousealliance.org	303.444.2424

Self Defense/Safety classes
Defensa Propia/Clases de Seguridad

radKIDS (KidsKount) (Jefferson County Residence)	radkids.org	844.723.5437
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Sexual Assault
Agresión Sexual

*Colorado Coalition Against Sexual Assault Overcoming Sexual Abuse	ccasa.org overcomingsexualabuse.com	303.839.9999 website only
*Rape, Abuse, Incest, National Network (RAINN)	rainn.org	800.656.4673
*Servicios de la Raza	serviciosdelaraza.org	303.458.5851
*The Blue Bench	thebluebench.org	303.329.9922
		Español 303.329.0031
*The Center for Trauma and Resilience	traumahealth.org	303.894.8000
		Español 303.718.8289
*WINGS – Support Services	wingsfound.org	303.238.8660
Mothers of Sexually Abused Children (MOSAC)	mosac.net	503.791.3181

Sexual/Behavioral Issues for Children
Problemas de Comportamiento/Sexual en Niños

National Center: Sexual Behavior of Youth	ncsby.org	405.271.8858
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Shelters

Refugios

ACCESS Housing (Adams County Residence)	acchouse.org	303.289.7078
Almost Home (Adams County Residence)	almosthomeonline.org	303.659.6199
Catholic Charities	ccdenvr.org	855.777.5280
Colorado Coalition for the Homeless (Adams County Residence)	coloradocoalition.org	303.293.2217
Comitis Crisis Center	comitiscrisiscenter.org/comitis-crisis-center	720.859.7100
Denver Rescue Mission	denverrescuemission.org	303.297.1815
Family Promise of Greater Denver	familypromiseofgreaterdenver.org	303.675.0713
*Family Tree Homelessness Program	thefamilytree.org/homelessness-program	303.467.2604
*Family Tree Roots of Courage (DV)	thefamilytree.org/domestic-violence	303.420.0412
Gateway (DV)	gatewayshelter.org	Hotline 303.420.6752
*Mile High United Way	unitedwaydenver.org	303.343.1856
Sacred Heart House	sacredhearhouse.org	2.1.1
St. Francis Center	sfcdenvr.org	303.296.6686
The Gathering Place	tgpdenver.org	303.297.1577
		303.321.4198

Suicide Prevention

Prevención del Suicidio

*National Suicide Prevention Lifeline	suicidepreventionlifeline.org	1.800.273.8255
*Suicide Prevention Coalition of Colorado	suicidepreventioncolorado.org	1.800.273.8255
*Second Wind Fund, Youth Suicide Prevention (therapy services)	thesecondwind.org	website only
Bullying Recovery Resource Center (supports victims of bullying and their caregivers)	bullyingrecoveryresourcecenter.org	303.911.1397

Transportation

Transporte

Community Wheels Transportation (A-Lift) (Adams County Residence)	adcgov.org/community-transit-program-lift	303.447.9636
RTD Denver	rtd-denver.com	303.299.6000
Transdev	transdevhealthsolutions.com	303.398.2155

Utility Assistance

Asistencia de Utilidades

ACCESS Housing (Adams County Residence)	acchouse.org	303.289.7078
Almost Home (Adams County Residence)	almosthomeonline.org	303.659.6199

FISH, Inc. (Broomfield County Residence)	broomfieldfish.org	303.465.1600
Internet Services	internetessentials.com	885.846.8376
*LEAP	colorado.gov/pacific/cdhs/leap	866.432.8435
Energy Outreach Colorado	energyoutreach.org	303.825.8750

Vision
Visión

Anchor Center for Blind Children	anchorcenter.org	303.377.9732
*National Federation of the Blind of Colorado	nfbco.org	303.778.1130
Lions Club	denverlions.org	303.504.6293

***Ofrecen servicios en Español**

